

AESTHETIC MEDICINE · CLINICAL PRACTICE

“If you do not understand the canvas, you have no business holding the brush.”

Nearly twenty years of clinical practice, distilled into the conversations that actually change how a practitioner injects. Aesthetic Talk moves from the three cells that govern skin quality to the anatomy of the ageing face, the physics of filler, regional technique, and the judgement calls that decide whether a patient should be treated at all.

- The Three-Cell and Three-Layer frameworks for reading any face
- Retaining ligaments, deep fat and bone as the architecture of ageing
- Rheology, needle versus cannula, and small-volume field blocks
- Region-by-region technique from tear trough to jawline
- Consultation, refusal, complications and the ethics of restraint

Dr Ahmed Haq is founder of the Harley Street Institute of Aesthetic Medicine and has trained practitioners across the United Kingdom and internationally.

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Aesthetic Talk

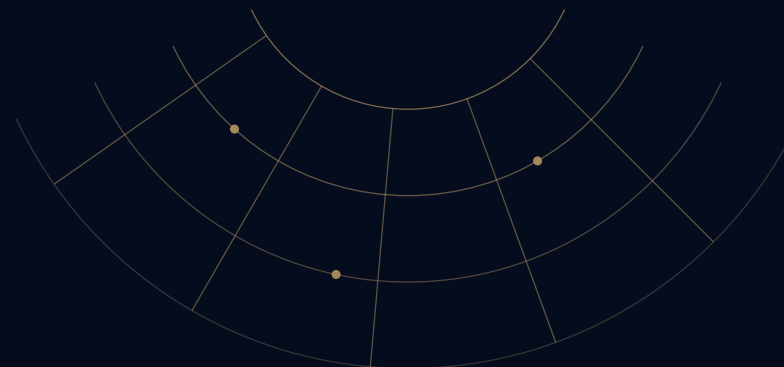
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Aesthetic Talk

Clinical pearls from nearly twenty years in aesthetic medicine



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